



FALL ARREST, RESCUE AND EVACUATION – 16 HOURS

Target group:

All Technicians who are or are going to work in a Wind Turbine.

Purpose:

To instruct the participants in the regulations, assessments in safety and proper safe practical techniques when climbing in On- and Offshore Wind Turbines.

In addition, instruction and exercises will be given on rescuing a casualty and evacuation of personnel from On- and Offshore Wind Turbines.

Number of participants:

Minimum of 3 and a maximum of 6.

Prerequisites for participation:

Participants must be in good physical condition and capable of work in the selected work environment.

A physical statement must be completed with no adverse remarks.

All participants must supply their own approved PPE to include:

- Hard Hat
- Gloves
- Safety footwear
- Ladder safety runner
- Full body harness

- Shock absorbing lanyard
- Work positioning equipment

Duration and place of training:

25 % theory in classroom or similar
75 % practical with hands on in Wind Turbine

Content:

- Introduction
- Working regulations
- Assessment and planning before starting work
- Harnesses, lanyards, shock absorbers, runners
- Suspension Trauma
- Daily checking and fitting PPE
- Exercise with knots
- Brief first aid
- Rescue- and evacuation procedure
- Response equipment
- Practical demonstration in using PPE in a Wind Turbine
- Practical exercise with PPE – ladder to platform and reverse
- Rescue exercises
- Evacuation exercise - single descent from min. 20 m/66 feet
- Rescue exercise with stretcher
- Summary and evaluations

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